**1 Determine start strength**

**Step 1**
Ask the participant what lens strength they have in their regular glasses.
Use that strength as the starting point.

**Step 2**
Find the correct lenses.

The lens strength is printed here. It is also printed next to the lenses in the carrying case.

**Step 3**
If the participant doesn’t know, ask the following questions:

Are you short-sighted, i.e. can see objects that are close clearly without glasses?
If yes, start at lens strength -1.0.
If no, ask the question below.

Are you far-sighted, i.e. can see objects that are far away clearly without glasses?
If yes, start at lens strength +1.0.

**2 Fine-tune the lens strength**

**Step 1**
Attach the lenses marked with the strengths derived from the previous step.
Insert the inner notch first, then the outer one.

**Step 2**
Ask the participant to put on the glasses and cover their left eye.

Make sure the lenses are correctly locked in place. If the lenses are not fully in place and tilted, it will impair eye tracking.

**Step 3**
Step back from the participant to the distance at which the viewing of the targets in the study will take place and hold up the vision testing card found in the corrective lenses carrying case.

1.2 m - 4.5 m (4 ft - 15 ft)

**Step 4**
Ask the participant to read the letters on the row corresponding to the distance to the participant.

**Step 5**
If the participant has trouble reading, exchange the lens to a lens with more strength (i.e. higher number) in increments of 1.0 until the participant no longer has trouble reading the letters.
If the participant only has minor problems reading, increase the strength with 0.5 increments.

**Step 6**
Detach the outer notch first, then the inner one.

Repeat steps 3 to 5, but with the participant covering their right eye instead.

For more information, please refer to Pro Glasses 3 User’s Manual or connect.tobipro.com.